



## Jail/Recovery Ministry Instructions

### Why *Like Me or Not* was created?

You're looking for some curriculum to teach in your jail/prison/recovery ministry and you are wondering if *Like Me or Not: Overcoming Approval Addiction* is what you need.

Yes! You have come to the right place.

As a Founder/Executive Director of a ministry that is building relationships with the poor on a daily basis we started ministering in the jails in 2013 and have not stopped. It was through the ministry to the inmates that I personally realized the need for **identity-based curriculum** that spoke to their need for approval.

It's in my opinion, that this is actually **the root cause** of why many of them have made poor choices to put them in such a vulnerable place. Especially those who are serving time for addiction, minor crimes, and often sexual assault charges.

One of my now friends and returning citizen, Sherry, put it to me this way. **“Miss Dawn, we only know how to live the way we were taught. Until you came and started teaching us a new way, we never knew there was another option.”**

She gave me the a-ha I needed to realize, they needed more resources to learn a new way to live. But the best way to teach them how to live in the newness of Christ, is by **helping them understand who they are in Him.**

*Like Me or Not* was written with their needs in mind. In fact, I pushed the publisher to place a **Leader's Guide in the back of the book** because we know as a ministry the challenges of raising money for books, as well as the added cost of a workbook or small group guide to the mix.

### How to Modify the Leader's Guide

The Leader's Guide in the back of the book is **8-weeks** long. Recognizing that some of you may need to **modify that to a 6-week program** to make sure you get through the class before they are released, I want to offer you a few suggestions.



First of all, head to my website and **sign up** for the **8 week Leader's Kit**. You will receive an email from me that gives you a Leader's Kit with all the **extra resources** you need to teach a successful class **PLUS** two bonus prints. Your registration will trigger **weekly emails** from me on what to do for each week. On the last set of emails, I have included a **Graduation Certificate**.

(Note: If you are modifying from the 8-week class, email me directly so I can send you the Graduation Certificate, should you need it sooner than that second to last email will arrive).

We know how much the women value these certificates so I made one for you to give to them when they complete the class.

If you need to lengthen the class to **10 or 12 weeks**, sign up for the 12 week guide instead and you can use the same ideas below to make the modifications as needed.

Next, once you **review the guide** you'll need to decide which weeks you should combine depending on your time. If you have a two-hour time slot, you'll be able to pull together a few weeks and get finished in more than enough time. But if you only have an hour or an hour and a half, you'll need to be picky with which ones you combine.

My suggestion would be to combine weeks after the second week of class, as the first two weeks are vital for their understanding of the rest of the book. You also may assign them to **read the questions in advance** since they have the guide in the back of the book as well and turn them into you, while you only cover one or two questions on each topic/chapter for that class.

The last item I want to mention to you is vital to their on-going success. The only power and authority that matters in this process is the one that comes from God. Walking in recovery to an approval addiction means constantly being able to combat the lies and the negative self-talk or opinions of others. As believers, we do that with the Word of God. It is essential that you **do not cut out having them memorize scripture**.

They will hopefully relate to the stories of my journey in the book and certainly the tips I share, but I'd rather they forgot all of that if only they gain the knowledge of who God says they are and they are known by Him.

### **You are Well Equipped**

You are all set to facilitate a class to the broken, the addict, the hopeless sitting in a cell wondering if God really knows them. You have what you need to get started. And so **I**



**commission you** as one who has gone before you to go, be the hands and feet in prison, jail, and recovery centers. Love your neighbor as yourself. Break the prisoner free of their bondage by helping them understand that God knows them and loves them and they no longer have to seek the approval of man. And as believers, they can rest in knowing God already approves of them.

### **Need books?**

If you need to order books in bulk, we have created packages for you, we even including free shipping. Just click on the link under the jail ministry information on my website and you'll be taken to a page that will give you all the details you need to order your books. The majority of your purchase will in-turn support our ministry at The Link of Cullman County.